



KASH Newsletter - 1st quarter of 2025

As we are now in March of 2025, it is time to look back at everything that the KASH Youth Projects Foundation has done in 2024 and to look ahead at what is planned for the current year. Because in addition to travelling to Kenya in July this year, we are of course going to organise plenty of exciting activities in the Netherlands!

In the first quarter of 2025, we have not organised any activities yet. However, behind the scenes we have certainly not been idle! For instance, we are busy preparing for the trip, of course. In the process, we are in close contact with our partners in Kenya: the APDK clinic in Mombasa and the Oyiengo primary school in Kisumu. We are also planning and preparing future activities in the Netherlands. A draft year overview can be found at the end of this newsletter.

Recap of 2024

But first, let's look back on the past year, in which a lot of activity took place. For instance, we had the Easter lunch, plant market, beach day, Christmas market - our traditional yearly events. In addition to these, we also provided a church service last year, we started cooperating with pop choir Brand New Voices and undertook two duo bike trips with senior citizens.

In 2024 we organised:

- On 16 March and 11 June we held duo bike trips with seniors. It was a truly social, connecting activity, which was very much enjoyed by both the seniors and the participants from KASH!
- On 30 March, we organised an **Easter lunch**. It was great fun and the food was delicious.
- A **KASH church service** on 21 April. We were given the opportunity to perform a church service in our very own way at the Bethlehem Church (the protestant Church in our city, Helmond). A truly inspiring day!
- On 11 May, we held a **plant market**. By taking cuttings of plants as well as upcycling, we were able to sell many different plants and (garden) products at this market. All in all, a very fun springtime event!
- On 24 August, we hosted a **beach day** for senior citizens. A day out to Scheveningen beach, fully catered for. All clearly enjoyed themselves very much!



- On 18 October there was a **tasting evening**. A new concept where we featured our well-known products but also new ones, both food and drink. It was well received by the guests!
- A **collaboration with pop choir Brand New Voices** followed on 30 November. As a partner, we were allowed to give away tickets to their anniversary concert. The lucky winners had a lovely evening!
- On 7 December it was time for the **Christmas market**. Like every year, the Christmas market turned out to be another great success. Once again, we offered a wide range of products with many homemade Christmas items.
- On 31 December, we made and sold '**oliebollen**', a Dutch snack that is served at every New Year's Eve party. In the end we made more than 900!



Working together with Kenyan students

Kenyan students Felix and Esther further strengthened our team when they joined us in 2024. They are affiliated with the Kenya Marine and Fisheries Research Institute ([KMFRI](#)) and [Bigship](#). On behalf of KASH and APDK, they are conducting (market) research in Mombasa on planting Mangroves for environmental, climate and coastal protection and are designing solar cookers



to reduce the use of waste and mangrove wood for cooking. The material is instead turned into useful products, such as solar cooker parts and school materials, such as chairs and tables.

The aim is that this work will generate many opportunities for local employment, including for the Bombolulu social and cultural work centre, which is part of APDK.

Felix and Esther will also join us on our working trip in July this year. We will join them and all locally involved partners and community members in planting 10,000 mangroves on 10 July. We operate with a project plan and agreements signed by the involved institutions and are partly financially supported by Wilde Ganzen Foundation and other sponsors.

Thank you to our sponsors and volunteers

We from KASH would like to thank everyone who supports us with our project. Thank you for your generous donations and thank you to all volunteers for their efforts! You make it possible for us to help the people in both Kenya and the Netherlands and for us to visit Kenya once again in the summer of this year.

Activities in 2025

As mentioned earlier, we are planning to organise many activities this year. Before and after we will be travelling to Kenya in July, there is again a lot on the agenda. Below is an overview.

As Easter is slightly later into the year this year, so is the **Easter lunch**. On Saturday 19 April, KASH is hosting another buffet lunch at our Bethlehem Church.

2 days later, on Monday 21 April, we will present a full evening programme. On this evening three activities are combined: a typical **Dutch dinner night**, a game of **obingo** with prizes and **tasting of homemade products**. All this is as part of the so-called 'Wild Week', in which the Wilde Ganzen Foundation will double the entire revenue!

Once again, there will be a **plant market**! This third edition will take place on 10 May. A wide range of indoor and garden plants and other nice products is to be expected.



KASH Jongerenprojecten

The **duo bike ride with seniors** proved such a success that we would like to organise it again this year. Our next time will be on 31 May. We will stop halfway along the ride to enjoy a picnic and take a rest.

The second duo bike event this year is scheduled for 20 September. With this event a fun day out for seniors is guaranteed.

On 23 August, we are pleased to host another **day out to the beach** for the older ones among us who don't visit the coast very often.

We hope for a sunny and enjoyable day by the sea!

The holidays are still some time away, but the next **Christmas market** is already planned: this year it will take place on 13 December. We hope that the 2025 Christmas market will be as big a success as last year's edition.

